

ALLERGY SHOTS

Bakery Tour

From east to west, these storefronts rise to the special occasion. —Alisa Fleming



Organic Works Bakery

Free of: dairy, egg, gluten, peanut and tree nut (can accommodate soy-free)
222 Wellington Street, London, Ont.
www.organicworksbakery.com

Star of the Show: Quinoa & Honey Bread
Why We Love It: While decadent cakes and cookies are on the menu, the focus is on wholesome, quality ingredients. The bakery is certified organic by Ecocert and gluten-free certification is underway.



Sweet Impressions

Free of: peanut and tree nut (dairy- and egg-free Angels line also available) 669 Stafford Street, Winnipeg
www.sweetimpressions.ca

Star of the Show: Hand-decorated Sugar Cookies
Why We Love It: Whimsical cookie and cupcake creations are customized for any occasion, from weddings to school programs. The storefront studio hosts birthday parties and decorating classes.



Petit Lapin Pâtisserie

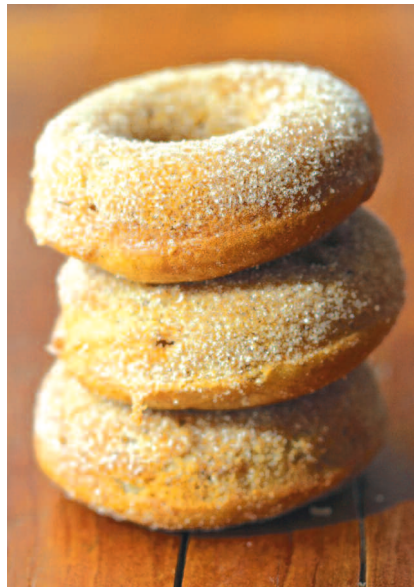
Free of: gluten and Top 11 food allergens
342A Victoria Avenue, Montreal
www.patisseriepetitlapin.com

Star of the Show: Choco-coco Cupcake
Why We Love It: From French macarons to diner-style donuts, this sweet new shop whips up formerly forbidden delights in a fully dedicated kitchen. The owner shows a keen attention to detail.

Pikanik

Free of: dairy, gluten, peanut, soy and tree nut
Location: 1959 152nd Street, No. 127, Surrey, B.C.
www.pikanik.ca

Star of the Show: Classic and Honey Sandwich Breads
Why We Love It: While their friendly bakers are proficient in custom cakes and cupcakes, they also satisfy our savoury side with beloved buns, breads and handmade to-go mixes.



Kelly's XO Bake Shoppe

Free of: dairy, egg, gluten and peanut* 401 Brant Street, Burlington, Ont.
www.kellysxo.com

Star of the Show: Mile-High Brownie
Why We Love It: Run by a mother-daughter duo, this vegan venture focuses on nutrient-rich, organic ingredients, and won "Best Bakery" at the 2013 Toronto Vegetarian Food Festival. *Tree nuts aren't used, but gluten-free flour has 'may contain' statement.